

2020



Assisted Living Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Amanda Jensema, CTRS, Recreation Therapist 202-541-7721 Annemarie Wilson, MS, CTRS, RT Supervisor 202-541-7626	<u>SrTV Movie Channels:</u> Starz 84-85 HBO 116-121 Cinemax 122-127	AFRH Morning Show w/ Carol & Amanda Airs every Saturday & Wednesday 9:00 a.m. Channel 4		¹ 9am Calendar Distro 9:45am Room Visits/Leisure Stroll- Sh2 1:30pm Beverage Cart- Sh2 2:15pm Spelling Bee- Sh3	² 9am Activity Cart- Sh2 9:30am Activity Cart- Sh3 10am Isolation Bingo 1:30pm Snack Cart	³ 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3
⁴ Senior TV Church Services: Catholic: 6:30am Channel 20 8am –or- 12pm Channel 98 Protestant: 8am Channel 20 Christian: 9:30am Channel 20	⁵ October Movie Fact: “The Hunt for Red October” is the only film with ‘October’ in the title to win an Oscar (for best sound editing)	⁶ 	⁷ 9:15am Who Am I?- Sh2 9:45 Hallway Stretch– Sh3 10:15 Hallway Stretch- Sh2 1:30pm IDT Meeting	⁸ 9am Beverage Cart- Sh3 9:30am Room Visits/Leisure Stroll- Sh2 1:30pm Beverage Cart- Sh2 2:15pm Room Visits/Leisure Stroll- Sh3	⁹ 9am Activity Cart- Sh2 9:30am Activity Cart- Sh3 10am Isolation Bingo 1:30pm Ice Cream Cart	¹⁰ 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3
¹¹ Senior TV Church Services: Catholic: 6:30am Channel 20 8am –or- 12pm Channel 98 Protestant: 8am Channel 20 Christian: 9:30am Channel 20	¹² 	¹³ Indigenous People's Day: An annual celebration in parts of the United States to honor the contributions of Native Americans to America's culture.  Lawrence Spriggs	¹⁴ 9:15 Name That Tune- Sh3 9:45 Balloon Soccer– Sh3 10:15 Balloon Soccer- Sh2 	¹⁵ 9am Beverage Cart- Sh2 9:30am Room Visits/Leisure Stroll – Sh2 1:30pm Beverage Cart- Sh3 2:15pm Room Visits/ Leisure Stroll- Sh3	¹⁶ 9am Activity Cart- Sh2 9:30am Activity Cart- Sh3 10am Isolation Bingo 1:30pm Popcorn Cart	¹⁷ 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3
¹⁸ Senior TV Church Services: Catholic: 6:30am Channel 20 8am –or- 12pm Channel 98 Protestant: 8am Channel 20 Christian: 9:30am Channel 20  Michael Kelcourse	¹⁹ Halloween Candy Fact: Candy Corn was originally called Chicken Feed 	²⁰ 9am Activity Cart 9:30am Room Visits/Leisure Stroll - Sh3 1:30pm Beverage Cart 2:15pm News Review-Sh2	²¹ 9:15 Name That Tune- Sh2 9:45 Get Moving!–Sh3 10:15 Get Moving!– Sh2 1:30pm IDT Meeting	²² 9am Beverage Cart- Sh3 9:30am Room Visits/Leisure Stroll- Sh2 1:30pm Beverage Cart- Sh2 2:15pm Spelling Bee- Sh2	²³ 9am Activity Cart- Sh2 9:30am Activity Cart- Sh3 10am Isolation Bingo 1:30pm Bakery Cart	²⁴ 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3
²⁵ Senior TV Church Services: Catholic: 6:30am Channel 20 8am –or- 12pm Channel 98 Protestant: 8am Channel 20 Christian: 9:30am Channel 20	²⁶ 	²⁷ 9am Halloween Guessing Roving Cart- Sh2 9:30am Room Visits 1:30pm Halloween Guessing Roving Cart- Sh3 2:15pm News Review-Sh2  William Palmer	²⁸ 9:15 Who Am I?- Sh3 9:45 Hallway Stretch- Sh3 10:15 Hallway Stretch– Sh2 1:30pm IDT Meeting	²⁹ 9am Beverage Cart- Sh2 9:30am Room Visits/Leisure Stroll – Sh2 1:30pm Beverage Cart- Sh3 2:15pm Can You List It- Sh2	³⁰ 1:30pm Royal Flush Treats 	³¹ 9am Beverage Cart 1:30pm Room Visits/Leisure Stroll 2:30pm News Review-Sh3 